

A TO Z PEDIATRIC DENTISTRY

PARENTAL INSTRUCTIONS FOLLOWING PEDIATRIC ORAL SEDATION

After Treatment. You and your child will remain in the office upon the completion of treatment until your child is awake, alert, can sit-up unaided and is able to move with minimal assistance. Because we used a local anesthetic to numb your child's mouth during the procedure, your child may accidentally bite or chew his or her lips, cheeks or tongue and/or rub or scratch their face after treatment. This is especially true if it is the first treatment experience for your child. Please observe your child very carefully. This circumstance lasts for 1½-3 hours after treatment. A small amount of bleeding from the gums around the teeth that were repaired or removed is normal, but this should stop within 24 hours. Your child should experience only minor discomfort, if any, as a result of the dental treatment and sedation procedure. If your child naps after the appointment, check them frequently to assure that their chin is up from the chest and breathing is not obstructed. In order to avoid dehydration, remember to periodically wake them to administer small amounts of clear fluids.

Returning Home. Your child **MUST** be supervised by a responsible parent or legal guardian. He or she should be closely observed for breathing difficulties and carefully secured in a car seat or by a seat belt during transportation, as their balance may be altered for several hours after the sedation.

Activities. **DO NOT** plan or permit activities for your child after this treatment. Allow your child to rest quietly. Closely supervise any activity for the remainder of the day.

Drinking/Eating Following Treatment. Be sure that your child starts to **drink liquids** as soon as you leave the office. This will prevent dehydration. We suggest plain water as the first drink following treatment. Clear liquids such as apple juice or ginger ale may be next. Small drinks are better than allowing your child to fill-up all at once. You may begin feeding your child softer foods once he/she is ready, but wait at least 2-3 hours to ensure numbness from the local anesthetic has disappeared. Please avoid dairy products for 8-10 hours. If your child naps, be sure to wake your child hourly to encourage drinking clear fluids.

Temperature Elevation. Your child's temperature may be elevated to 101° F (38° C) for the first 24-hours after treatment. Give *Tylenol* or *Motrin/Advil* pain relievers every 4-6 hours and encourage drinking to help alleviate this condition. Avoid aspirin-containing medications.

Contact Our Office or Emergency Number:

- If vomiting persists beyond 4-hours after the appointment or occurs more than 3 times.
- If the child's temperature remains elevated beyond 24-hours or goes above 101° F (38° C).
- If there is persistent bleeding 4-5 hours after the appointment.
- If any other matters arise which cause concern.

IMPORTANT PHONE NUMBERS TO REMEMBER

A TO Z PEDIATRIC DENTISTRY	(480) 503-FROG(3764)
AFTER HOURS EMERGENCY PAGER	(480) 503-3764 OPT #4

Post-Treatment Communication with Child. When speaking to your child regarding this appointment, use only positive, complimentary statements. A positive post-treatment period will allow your child to build confidence in the dentist and will ensure that subsequent appointments are less stressful.